

Orthodox Christian Community of St. Constantine the Great, York
Antiochian Orthodox Christian Archdiocese of the British Isles and Ireland
Greek Orthodox Patriarchate of Antioch and all the East
Calendar for February 2026





FROM THE FATHERS

"AT this presentation the Lord is surrounded on the one side by Symeon — righteousness which awaits salvation, but not in righteousness itself, and Anna — a life of strict fasting and prayer, made alive by faith; and on the other side by substantial, comprehensive and steadfast purity — the Virgin Mother of God, and by humble, silent submission and devotion to the will of God — Joseph the Betrothed. Transfer all of these spiritual attitudes to your heart and you will receive the Lord; not carried to you, but coming to you Himself. You will take Him into the embrace of your heart, and you will sing a hymn which will pass throughout the heavens and gladden all the angels and saints."

St. Theophan the Recluse + AD 1894

"IN proposing to preach this most holy and important fast to you, dearly beloved, how shall I begin more fitly than by quoting the words of the Apostle, in whom Christ Himself was speaking, and by reminding you of what we have read : "'behold, now is the acceptable time, behold now is the day of salvation.' ... enter upon the holy days of Lent with Godly devoutness, and prepare yourselves to win God's mercy by your own works of mercy. Quench your anger, wipe out enmities, cherish unity, and vie with one another in the offices of true humility."

St. Leo the Great + AD 461

"AND the ground and teacher of all these things, fasting will be unto us; fasting, I mean, not that of most men, but that which is the true fast, viz. the abstinence not from meats only, but from sins. For the nature of fasting only is not sufficient to deliver such as betake themselves to it, except it be done agreeably to its law."

St. John Chrysostom + AD 407

Fasting Guidelines:

On days designated *strict fast* we abstain from dairy products, meat, fish, oil and wine. Some seafoods, e.g. squid, crab, roe and prawn, are permitted.

Note: Where there is more than one set of readings for the day, bold type shows the readings appointed by The Typikon to be used at the Divine Liturgy.

Sunday 1st February 2026

Tone 1 : Eothinon 1

33rd after Pentecost : 16th of Luke, Sunday of the Publican and the Pharisee

Holy Martyr Tryphon of Campsada, Syria

Forefeast of the Presentation of the Lord in the Temple

Holy Martyrs Perpetua of Carthage, and catechumens Saturus, Revocatus, Saturninus, Secundulus and Felicitas (203). St. Basil, archbishop of Thessalonica (895) and St. Timothy the Confessor. SS David (784), Symeon (843), and George (844), Confessors of Mitylene. New Martyr Anastasius at Nauplion (1655). Martyr Elias the New of Damascus (779).

British Isles and Ireland: St. Brigid, abbess of Kildare (c.525). St. Euny of Western Cornwall (6th C). St. Crewenna, missionary in Cornwall (5th C). St. Jarlath, bishop of Armagh (c.480). St. Cinnia, Princess of Ulster (5th C). St. Darlugdach, second abbess of Kildare (c.524). St. Ursus, Irish missionary in Gaul & Italy (6th C). St. Ina of Llanina (5th C).

Readings: 2 Timothy 3:10-15; **Luke 18:10-14**

For the Commemoration: **Romans 8:28-39;** Luke 10:19-21

Monday 2nd February 2026

Fast free week

Presentation (Meeting) of the Lord in the Temple – *Candlemas*

New Martyr Jordanes at Galata (1650). New Martyr Gabriel at Constantinople (1676). Holy Martyr Agathodoros of Cappadocia.

British Isles and Ireland: St. Columbanus the Hermit (959). St. Laurence, 2nd archbishop of Canterbury (619). St. Feock of Cornwall. St. Ronan, 3rd bishop of Man (6th C.).

Readings: 2 Peter 1:20-2:9; Mark 13:9-13

For the Commemoration: **Hebrews 7:7-17; Luke 2:22-40**

Tuesday 3rd February 2026

Fast free week

Righteous Symeon and Prophetess Anna

Afterfeast of the Entrance of the Lord to the Temple

John, Nicholas and Stamatios, New Martyrs of Spetsae (Cesme) (1822). St. Nicholas, archbishop and Enlightener of Japan (1912). St. James, archbishop of Serbia (1292).

British Isles and Ireland: St. Caellainn of Roscommon (6th C.). Holy Martyr Ia (Ives) of Cornwall (450). St. Werburgh of Chester, abbess of Hanbury (700). St. Werburgh, abbess of Bardney (c.785). St. Anatolius, Scots bishop (9th C.).

Readings: 2 Peter 2:9-22; Mark 13:14-23

For the Commemoration: **Hebrews 9:11-14; Luke 2:25-38**

Wednesday 4th February 2026

Fast free week

Afterfeast of the Presentation of the Lord in the Temple

St. Isidore of Pelusium (440). St. Nicholas the Confessor, abbot of the Studion (868). Holy New Martyr Joseph of Aleppo (1686). Hieromartyr Abramius, bishop of Arbela in Assyria (c.347). St. John, bishop of Hirenopolis (4th C.). St. George, Prince of Vladimir (1238). St. Cyril, abbot & Wonderworker of Novgorod (1532).

British Isles and Ireland: St. Aldate of Gloucester, hieromartyr (577). St. Modan of Dunbarton, hermit (6th C.). St. Liephard, hieromartyr and companion to King Cadwall (690).

Readings: **2 Peter 3:1-18; Mark 13:24-31**

Thursday 5th February 2026

Fast free week

Afterfeast of the Presentation of the Lord in the Temple

Holy Martyr Agatha of Palermo in Sicily (251). St. Polyeuctos, patriarch of Constantinople (970). Holy New Martyr Anthony of Athens (1774). St. Theodosius of Skopelos in Cilicia (c.421). Repose of St. Theodosius of Chernigov (1696).

British Isles and Ireland: Holy Martyrs Indract and Dominica of Glastonbury (c.710). St. Buo, missionary (c.900). St. Fingen of Metz (c.1005). St. Vodalus, Irish Hermit in Gaul (c.725).

Readings: **1 John 1:8-2:6; Mark 13:31-14:2**

Friday 6th February 2026

Fast free week

Afterfeast of the Presentation of the Lord in the Temple

St. Photios the Great, patriarch of Constantinople (891). St. Bucolos, bishop of Smyrna (c.100). Virgin-Martyr Dorothy, two sisters Christina and Callista, and Theophilos, at Caesarea in Cappadocia (300). Martyr Julian of Emesa, the holy and unmercenary healer (312). St. Barsanuphius the Great and St. John the Prophet (6th C). St. James, Ascetic of Syria (c.460). St. Dorothea, Schema-nun of Kashin (1629).

British Isles and Ireland: SS Mael and Mun, bishops and nephews of St. Patrick (c.488). Martyr Tanco, Irish bishop of Werden.

Readings: 1 John 2:7-17; Mark 14:3-9

Saturday 7th February 2026

Fast free week

Leavetaking of the Meeting of the Lord in the Temple

The 1003 Holy Martyrs of Nicomedia (303). St. Parthenios, bishop of Lampsacus on the Hellespont (4th C). Righteous Luke of Mt. Steirion (953). New Martyr George of Crete (1861).

British Isles and Ireland: Holy Martyr Augulus (Aule) of London (303). St. Richard of the West Saxons (720). St. Ronan of Kilmaronen. St. Meldon, bishop of Peronne (6th C).

Readings: 1 Timothy 6:11-16; Luke 20:46-21:4,8:8

Sunday 8th February 2026

Tone 2 : Eothinon 2

34th after Pentecost : 17th of Luke, Sunday of the Prodigal Son

Great Martyr Theodore Stratelates ('the General'), of Heraclea (319). Righteous Prophet Zechariah (c.520 BC). St. Sava (Sabbas) II, archbishop of Serbia (1269). Holy Martyr Conitus of Alexandria (249). St. Agathangelos, bishop of Damascus (c.325).

British Isles and Ireland: St. Kegwe of Monmouthshire (6th C). St. Oncho of Clonmore, poet and pilgrim (600). St. Cuthman of Steyning, hermit (8th C). St. Elfleda, abbess of Whitby (714). SS. Jacut and Guethenoc (5th C).

Readings: 1 Corinthians 6:12-20; Luke 15:11-32

Monday 9th February 2026

Holy Martyr Nicephoros of Antioch (c.257). Hieromartyrs Marcellus, bishop of Sicily, Philagrius, bishop of Cyprus, and Pancratius, bishop of Taormina (1st C). Holy Hieromartyr Peter, bishop of Damascus (743). Uncovering of the relics of St. Innocent, 1st bishop of Irkutsk (1805).

British Isles and Ireland: St. Teilo, bishop of Llandaff and Llandeilo Fawr (6th C). St. Eingan, hermit at Llanengan (6th C). St. Cuanan the Wise (c.8th C). St. Cronan the Wise (8th C). St. Alto of Altomuenster (760).

Readings: 1 John 2:18-3:8; Mark 11:1-11

Tuesday 10th February 2026

Hieromartyr Haralambos, Bishop of Magnesia in Thessaly, and those with him

St. Anastasios, patriarch of Jerusalem (706). Holy Martyrs Ennatha, Valentina, and Paula of Palestine (308). St. Scholastica, sister of St. Benedict (543). Synaxis of the Hierarchs of Novgorod.

British Isles and Ireland: St. Merewenna, abbess of Romsey (10th C). St. Trumwin, bishop of Abercorn (c.704). St. Erluph of Werden (830).

Readings: 1 John 3:9-22; Mark 14:10-42

For the Commemoration: 2 Timothy 2:1-10; John 15:17-16:2

Wednesday 11th February 2026

Fast day: strict fast

Hieromartyr Blaise, bishop of Sebaste (c.316). Righteous Theodora, wife of Emperor Theophilus the Iconoclast (c.867). St. Demetrios, Wonderworker of Priluk, Vologda (1392). St. Vsevolod (in Holy Baptism, Gabriel), Wonderworker of Pskov (1138). New Martyr George of Kratovo and Sofia (1515).

British Isles and Ireland: St. Cædmon of Whitby, monk and hymnographer (c.680). St. Gobnait, abbess of Ballyrourney, Cork (5th C).

Readings: **1 John 3:21-4:11; Mark 14:43-15:1**

Thursday 12th February 2026

St. Meletius, archbishop of Antioch (381). St. Alexis, metropolitan of Moscow and Wonderworker of All Russia (1378). St. Anthony, patriarch of Constantinople (895).

British Isles and Ireland: St. Ethelwold, monk and bishop of Lindisfarne (740). St. Siadhal (Sedulius) (5th C).

Readings: **1 John 4:20-5:21; Mark 15:1-15**

Friday 13th February 2026

Fast day: strict fast

The Holy Apostles & Martyrs Aquila and Priscilla (1st C). St. Martinian, monk, of Caesarea in Palestine (422). The Holy Woman Zoë of Bethlehem and Virgin Photinia (5th C). St. Eulogius, archbishop of Alexandria (608). St. Stephen (in monasticism Simeon), the Myrrh-streaming, Prince of Serbia and founder of Hilandar monastery on Athos (1199).

British Isles and Ireland: St. Modomnoc, bishop of Ossory (550). St. Huna of Ely, priest and hermit (690). St. Dyfnog of Clwyd (7th C). St. Ermenhild, abbess of Ely (c.700).

Readings: **2 John 1:1-13; Mark 15:20,22,25,33-41**

Saturday 14th February 2026

Soul Sabbath

St. Maron, hermit, of Syria (4th C). Repose of St. Cyril, Equal-to-the Apostles and Teacher of the Slavs (869). St. Abraham, Bishop of Charres in Mesopotamia (c.423). St. Auxentios of Bithynia (c.470). St. Peter, patriarch of Alexandria (380). St. Isaac, recluse, of the Kievan Caves (1090). New Martyr Nicholas of Corinth (1554). New Martyr George the Tailor of Mitylene, at Constantinople (1693).

British Isles and Ireland: St. Conran, bishop of the Orkney Islands.

Readings: **1 Corinthians 10:23-28; Luke 21:8-9, 25-27, 33-36**

For the Departed: 1 Thessalonians 4:13-17

Sunday 15th February 2026

Tone 3 : Eothinon 3

35th after Pentecost : 18th of Luke, Meatfare or Judgement Sunday

St. Onesimos, Apostle of the Seventy (c.109). St. Paphnutios and his daughter St. Euphrosyne, nun, of Alexandria (5th C). St. Eusebios, hermit of Syria (5th C). Martyr Major of Gaza (304). St. Theognios, bishop of Bethelia near Gaza (523). Righteous Elder Anthimus of Chios (1960).

British Isles and Ireland: St. Berach of Connaught (5th C). St. Dochow (473). St. Farannan of Allernan (590). St. Oswy, King of Northumbria (670). St. Sigfrid of Glastonbury, Apostle of Sweden (c.1045). SS. Winaman, Unaman & Sunaman, Monk Martyrs (1040).

Readings: **1 Corinthians 8:8-9:2; Matthew 25:31-46**

Monday 16th February 2026

Cheesefare week: dairy, eggs and fish allowed

Holy Martyrs Pamphilus the presbyter; Valens the deacon, and those with them, at Cæsarea in Palestine (c.309). New Monk-martyr Romanus of Carpenision, who suffered at Constantinople (1694).

Readings: 3 John 1:1-14; Luke 19:29-40,22:7-39

Tuesday 17th February 2026

Cheesefare week: dairy, eggs and fish allowed

Great Martyr Theodore Tyro, ‘the Recruit’

St. Mariamne, sister of the Apostle Philip (1st C). St. Auxibios, bishop of Soli in Cyprus (102). Emperor Marcian (457) and Pulcheria, his wife (453), and the commemoration of the dedication of the Great Church in Constantinople. New Martyr Theodore of Byzantium, at Mitylene (1795). New Martyr Michael Mavroeidis of Adrianople (1490). St. Theodore the Silent of the Kievan Caves (13th C). Hieromartyr Hermogenes (Hermogen), patriarch of Moscow and Wonderworker of All Russia (1612).

British Isles and Ireland: Venerable Fintan, abbot of Clonenagh (603). St. Loman, 1st bishop of Trim (4th C). St. Fortchern, 2nd bishop of Trim (5th C). St. Finan, bishop of Lindisfarne (661). St. Guevrock of Saint-Pol-de-Leon (6th C).

Readings: Jude 1:1-10; Luke 22:39-42,45-23:1

For the Commemoration: 2 Timothy 2:1-10; Luke 20:46-21:4,8:8

Wednesday 18th February 2026

Cheesefare week: dairy, eggs and fish allowed

St. Leo the Great, pope of Rome (461). St. Agapetos the Confessor, bishop of Synnada in Phrygia (4th C). St. Flavian the Confessor, patriarch of Constantinople (449). St. Blaise, monk of Mt. Athos (9th C).

British Isles and Ireland: Venerable Colman, bishop of Lindisfarne (676). St. Ethelina of Gloucestershire.

Readings: Joel 2:12-26; Joel 3:12-21;

Thursday 19th February 2026

Cheesefare week: dairy, eggs and fish allowed

Apostles of the Seventy Archippus and Philemon, and Martyr Apphias (1st C). St. Philotheia of Athens, Nun-martyr (1589). New Hieromartyr Nicetas of Epirus (1809).

British Isles and Ireland: St. Odran the Martyr (452).

Readings: Jude 1:11-25; Luke 23:1-31,33,44-56

Friday 20th February 2026

Cheesefare week: dairy, eggs and fish allowed

St. Leo, bishop of Catania in Sicily (c.780). St. Dionysius, pope of Rome (268). Hieromartyr Sadoc, bishop of Persia, and 128 Martyrs with him (c.344). St. Agathon, pope of Rome (682). St. Bessarion the Great, Wonderworker of Egypt (466).

British Isles and Ireland: St. Bolcan, bishop of Derkan (480). St. Colgan, abbot of Clonmacnoise (c.796).

Readings: Zechariah 8:7-17; Zechariah 8:19-23;

Saturday 21st February 2026

Cheesefare week: dairy, eggs and fish allowed

Righteous Timothy of Symbola in Bithynia (795). St. John Scholasticus of Antioch, patriarch of Constantinople (577). St. Eustathius (Eustace), archbishop of Antioch (c.337). St. Zachariah, patriarch of Jerusalem (633). St. George, bishop of Amastris on the Black Sea (811).

British Isles and Ireland: St. Erkengota, Princess of Kent (660).

Readings: Romans 14:19-26; Matthew 6:1-13

Sunday 22nd February 2026

Cheesefare week: dairy, eggs and fish allowed

Tone 4 : Eothinon 4

36th after Pentecost : 19th of Luke, Cheesefare or Forgiveness Sunday

Uncovering of the relics of the Holy Martyrs at the Gate of Eugenius in Constantinople (423). Holy Martyrs Maurice and his son, Photinus, and Martyrs Theodore, Philip, and 70 soldiers at Apamea in Syria (c.305). Holy martyr Anthousa and her 12 Servants. SS Baradates, Thalassios and Limnaius, Hermits of Syria (5th C.).

British Isles and Ireland: St. Elwin (Elwyn) the Martyr, Missionary to Cornwall (5th C.).

Readings: Romans 13:11-14:4; Matthew 6:14-21

Monday 23rd February 2026

Great Lent begins: strict fast

Holy Hieromartyr Polycarp, bishop of Smyrna (167). SS John the Syrian, Moses, Antioch, Antoninus, Moses, Zebinas, Polychronius, Damian, ascetics of the Syrian desert (5th C.). St. Gorgonia, sister of St. Gregory the Theologian (372). St. Damian of Esphigmenou, Mt Athos (1280). New Monk-martyr Damian the New of Philotheou, who suffered at Larissa (1568). Holy Hieromartyr Proterios, patriarch of Alexandria, and six companions (457).

British Isles and Ireland: St. Jurmin of East Anglia, confessor (7th C.). St. Milburgh, abbess of Wenlock (7th C.). St. Boswell, abbot of Melrose (c.661).

Readings: Isaiah 1:1-20; Genesis 1:1-13; Proverbs 1:1-20; Great Compline: Luke 21:8-36

Tuesday 24th February 2026

Lenten Fast: wine and oil allowed

First and Second Findings of the Head of the Forerunner and Baptist John

Uncovering of the relics of St. Romanus, Prince of Uglich (1486).

British Isles and Ireland: St. Cummain Ailbe ('the White'), abbot of Iona (669). St. Liudhard (c.600).

Readings: Isaiah 1:19-2:3; Genesis 1:14-23; Proverbs 1:20-33; Great Compline: Matthew 6:1-13

For the Commemoration: 2 Corinthians 4:6-15; Matthew 11:2-15

Wednesday 25th February 2026

Lenten Fast: strict fast

St. Tarasius, patriarch of Constantinople (806). Hieromartyr Regnus, bishop of the Isle of Skopelos and Martyr Lebadeus. Holy Martyrs Alexander and Hypatius at Marcionopolis (305). St. Marcellus, bishop of Apamea in Syria.

British Isles and Ireland: St. Ethelbert, King of Kent (616). St. Walburga the Myrrh-Giver, abbess of Heidenheim (779).

Readings: Isaiah 2:3-11; Genesis 1:24-2:3; Proverbs 2:1-22; Great Compline: Mark 11:22-25; Matthew 7:7-8

Thursday 26th February 2026

Lenten Fast: strict fast

St. Porphyrios, bishop of Gaza (420). Holy Martyr Sebastian (66). Great-martyr Photini the Samaritan Woman and her martyred sisters Anatola, Phota, Photis, Parasceva, and Cyriaca; her sons Photinus and Joses; and Sebastian the Duke, Victor, and Christodulus; martyrs under Nero (66). Holy Martyr Theoclitus, martyred with St. Photina. New Martyr John Calphas ('the Apprentice') at Constantinople (1575).

Readings: Isaiah 2:11-21; Genesis 2:4-19; Proverbs 3:1-18; Great Compline: Matthew 7:7-11

Friday 27th February 2026

Lenten Fast: strict fast

St. Procopios the Confessor of The Decapolis (8th C). St. Thallelaeus, hermit, of Syria (460). SS Asclepios and James of Syria, monks (5th C). Holy Martyr Gelasius the Actor at Heliopolis (297). St. Stephen, monk of Constantinople (614).

British Isles and Ireland: St. Comgan, abbot of Glenthens or Killeshin (c.565). Holy Martyr Alnoth of Stowe, nr. Bugbrooke (c.700).

Readings: Isaiah 3:1-14; Genesis 2:20-3:20; Proverbs 3:19-34; Little Compline: John 15:1

Saturday 28th February 2026

Lenten Fast: wine and oil allowed

St. Basil the Confessor, companion of St. Procopios at The Decapolis (750). Holy Hieromartyr Proterios, patriarch of Alexandria, and six companions (457). SS Marana, Cyanna (Kyra), and Domnica (Domnina), nuns, of Syria (c.450). New martyr Kyranna of Thessaloniki. John Cassian the Roman, confessor (435) (t/f from Feb 29th).

British Isles and Ireland: St. Llibio of Anglesey (6th C). St. Madoc, bishop of Llanmadog (6th C). St. Sillan, abbot of Bangor (610). Holy Hieromartyr Herefrith, bishop of Lindsey (869). Oswald of Worcester and York (t/f from Feb 29th).

Readings: **Hebrews 1:1-12; Mark 2:23-3:5**

Services:

Sun 1 st Feb	9:45am	3 rd & 6 th Hours	Sunday of the Publican & Pharisee-16 th of Luke
	10:30am	Divine Liturgy	
Sun 8 th Feb	9:45am	3 rd & 6 th Hours	Sunday of the Prodigal Son-17 th of Luke
	10:30am	Divine Liturgy	
Wed 11 th Feb	6:30pm	Vespers & Paraklesis to the Mother of God	St. Meletius, archbishop of Antioch
Sun 15 th Feb	9:45am	3 rd & 6 th Hours	Meatfare or Judgment Sunday-18 th of Luke
	10:30am	Divine Liturgy	
Sun 22 nd Feb	9:45am	3 rd & 6 th Hours	19 th of Luke-Cheesefare or Forgiveness Sunday
	10:30am	Divine Liturgy & Forgiveness Service	
Wed 25 th Feb	6:00pm	Gt. Compline & Canon of St. Anthony of Crete	1 st Wednesday of Gt. Lent
Sun 1 st Mar	9:45am	3 rd & 6 th Hours	1 st Sunday of Gt Lent – Sunday of Orthodoxy
	10:30am	Divine Liturgy	
		Icon procession & Reading of the Synodikon	
Sun 8 th Mar	9:45am	3 rd & 6 th Hours	2 nd Sunday of Gt Lent – Sunday of St. Gregory Palamas
	10:30am	Divine Liturgy	
Wed 11 th Mar	6:00pm	Vespers & Pre-Sanctified Liturgy	2 nd Wednesday of Gt. Lent
Sun 15 th Mar	9:45am	3 rd & 6 th Hours	3 rd Sunday of Gt Lent – Sunday of Veneration of Holy Cross
	10:30am	Divine Liturgy	
Sun 22 nd Mar	9:45am	3 rd & 6 th Hours	Sunday of Gt Lent – Sunday of St John Climacus
	10:30am	Divine Liturgy	
Tues 24 th Mar	6:00pm	Festal Vespers	Annunciation of the Theotokos
Sun 29 th Mar	9:45am	3 rd & 6 th Hours	2 nd Sunday of Gt Lent – Sunday of St Mary of Egypt
	10:30am	Divine Liturgy	

The services continue to be streamed. The link is on our website.

For further information, confessions, baptisms and weddings please contact:

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You can find full details our services on our website: <https://yorkorthodox.org/> or follow us on our Facebook page: facebook.com/yorkorthodox for the latest information.