

**Orthodox Christian Community  
of St. Constantine the Great, York**

**Antiochian Orthodox Christian Archdiocese  
of the British Isles and Ireland  
Greek Orthodox Patriarchate of Antioch and all the East**

**Calendar for September 2020**





## FROM THE FATHERS

“THE ONE who knows God will follow the Lord's footsteps, bearing the cross of the Saviour. It is said, ‘The world is crucified to him and he to the world.’ The Lord says, ‘He who loses his life will save it.’ We can “lose our lives” in one of two ways. First, we can risk our lives just as the Lord did for us. Secondly, we can separate our lives from the customary things of this world. Bearing the cross means to separate our souls from the delights and pleasures of this life. If you do this, you will find your life again - resting in the hope of what is to come. Dying to ourselves means being content with the necessities of life. When we want more than these necessities it is easy to sin.”

St. Clement of Alexandria + AD 215

“WE have been born anew through baptism and restored by the tree of the cross. The passion of the Lord effects the resurrection of our race and its readiness by grace to paradise whence it had fallen by sin freely willed. When Christ provided for us the refuge of his cross, the Lord destroyed the sting of death which was reigning over us.”

St Benedict of Nursia + AD 547

“YOU wish others to speedily correct themselves of their faults, but do you speedily correct yourself; do you not suffer from the same, as others? Is it not through you, through your not correcting yourself, that others linger in their sins and passions?

St. John of Kronstadt +AD 1909

“WHENEVER he saw any act or anything which his mind wished to judge or condemn, Abba Agathon used to say to himself, "Do not do this thing yourself," and in this manner he quieted his mind, and held his peace.

The Paradise of the Holy Fathers 4<sup>th</sup> Century AD

## Services:

We expect to be back in the chapel of York St. John University before the end of September. We will send out the details, and also put them on our website and Facebook page as soon as a date has been finally agreed with the University. Meanwhile we continue live-streaming the Reader Services of Vespers on Saturdays at 7 p.m. and Divine Liturgy on Sundays at 10 a.m., preceded by the Third and Sixth Hours from approx. 9.30 a.m. Please join us at <https://facebook.com/yorkorthodox> (A Facebook account is not required)

**Unfortunately there will be NO streamed liturgy on the morning of Sunday 6<sup>th</sup> September.**

Why not say the short Typika service at home on that Sunday? You can find the text on our website under the heading “Praying at Home”.

**Online Discussion Group:** The online discussion group which meets Tuesday evening at 7 p.m. to talk about our Orthodox Faith and Liturgy, and about the Holy Bible, has three more sessions in this bloc. If you would like to attend please let Fr. Michael know and he will send you the Zoom link. You can watch in the web browser on your computer or smart phone. No extra software is needed.

Keep looking at both our website <http://yorkorthodox.org/> and our Parish Facebook page: <https://facebook.com/yorkorthodox> for the latest information and resources to help us all in prayer and in spirit to come through these difficult times together, strengthened by the love of our Blessed Saviour and His Holy Mother.

Parish bulletins are being issued regularly by email. If you have not received these emails and you would like to do so in future, please email Fr. Michael.

If you have any concerns or questions about the current situation, please do not hesitate to contact either of us. May Almighty God bless you all and keep you safe.

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### **Monday 28th September 2020**

#### **St. Chariton the Confessor, abbot of Palestine (c.350)**

St. Alkison, bishop of Nicopolis in Epirus (561). St. Auxentius the Alaman, Wonderworker of Cyprus (12<sup>th</sup> C). St. Neophytus the Recluse of Cyprus (1214). Righteous Prophet Baruch (6<sup>th</sup> C BC). Martyrdom of St. Wenceslas (Viacheslav), Prince of the Czechs (935). Holy Martyrs Alexander, Alphius, Zosimas, Mark, Nicon, Neon, Heliodorus, and 24 others in Pisidia and Phrygia (4<sup>th</sup> C).

*British Isles and Ireland:* St. Conwall (Conval), disciple of St. Kentigern (630). St. Tetta, abbess of Wimborne (8<sup>th</sup> C). St. Lioba, abbess and missionary (782). St. Machan, monk.

*Readings:* Ephesians 1:22-2:3; **Luke 4:37-44**

*For the Commemoration:* **2 Corinthians 4:6-15**; Luke 6:17-23

### **Tuesday 29th September 2020**

St. Cyriacus the Hermit, of Palestine (556). St. Theophanes the Merciful of Gaza. New Monk-Martyr Malachias of Rhodes and those with him (1500).

*Readings:* **Ephesians 2:19-3:7**; **Luke 5:12-16**

### **Wednesday 30th September 2020**

#### **Fast day: strict fast**

Hieromartyr Gregory, the Enlightener of Armenia (c.335). Blessed Jerome (Hieronimus) the Translator (420). Holy Martyrs Mardonius and Stratonicus. Holy Martyrs Rhipsime and Gaiana of Armenia and 35 Holy Virgins with them (4<sup>th</sup> C). St. Gregory, abbot of Pelshme, Wonderworker of Vologda (1442). St. Michael, 1<sup>st</sup> metropolitan of Kiev (992).

*British Isles and Ireland:* St. Honorius, 5<sup>th</sup> archbishop of Canterbury (653). St. Midan of Anglesey (610). St. Enghenedl of Anglesey (7<sup>th</sup> C). SS Tancred, Torthred and Tova, hermits and martyrs (870).

*Readings:* **Ephesians 3:8-21**; **Luke 5:33-39**

#### ***Fasting Guidelines:***

On days designated *strict fast* we abstain from dairy products, meat, fish, oil and wine. Some seafoods, e.g. squid, crab, roe and prawn, are permitted.

*Readings in **bold type** are those appointed by the Typikon for use at the Liturgy*

### **Tuesday 1st September 2020**

#### **Start of the Church Year - The Indiction**

Synaxis of the Most Holy Theotokos in Miasena Monastery, in memory of the finding of Her Icon (864). St. Simeon Stylites the Elder (459) and his mother St. Martha (428). Righteous Martyr Aithalas the Persian (380). Holy Forty Virgin-martyrs at Heraclea in Thrace (321). St. Meletius the Younger of Thebes (1124). New Martyr Angelis of Constantinople (1680). Holy Martyr Callista and her brothers Evodus and Hermogenes, at Nicomedia (309). Righteous Joshua the son of Nun (1400 BC).

*British Isles and Ireland:* St. Lythan (Llythaothaw). St. Silin (6<sup>th</sup> C).

*Readings:* 2 Corinthians 8:16-9:5; Mark 3:13-21 *For the*

*Commemoration:* **1 Timothy 2:1-7**; **Luke 4:16-22**

### **Wednesday 2nd September 2020**

#### **Fast day: strict fast**

Holy Martyr Mamas of Caesarea in Cappadocia, and his parents Martyrs Theodotus and Rufina (3<sup>rd</sup> C). St. John the Faster, patriarch of Constantinople (595). Righteous Eleazar, son of Aaron, and Righteous Phineas. Holy Martyrs Aeithalas and Ammon of Thrace.

*British Isles and Ireland:* St. Hieu, abbess of Tadcaster (657). St. Lolanus (c.1034).

*Readings:* **2 Corinthians 9:12-10:7**; **Mark 3:20-27**

### **Thursday 3rd September 2020**

Hieromartyr Anthimus, bishop of Nicomedia, and those with him (302). St. Theoctistus, fellow Ascetic with St. Euthymius the Great (467). St. Phoebe, deaconess at Cenchreae nr. Corinth (1<sup>st</sup> C).

Translation of the relics of St. Nectarius of Pentapolis. Blessed John "the Hairy", Fool-for-Christ, at Rostov (1580). St. Joannicius, archbishop of Serbia (1354). Holy Martyr Chariton. New Martyr Polydorus of Cyprus (1794).

*British Isles and Ireland:* St. MacNis, abbot of Kells (c.514). St. Hereswith, sister of St. Hilda (c.690). St. Gregory the Great (the Dialogist), Apostle of the English 604.

*Readings:* **2 Corinthians 10:7-18; Mark 3:28-35**

### **Friday 4th September 2020**

**Fast day: strict fast**

Hieromartyr Babylas, bishop of Antioch, and those with him (251). Righteous Prophet and God-Seer Moses (1531 BC). Holy Martyr Hermione, daughter of St. Philip the deacon (c.117). Holy Martyrs Jerusalem, Sekendos, Sekendios and Kegouros in Aleppo. St.

Anthimus the Blind, new ascetic of Cephalonia (1782). Uncovering (1911) of the relics of St. Joasaph, bishop of Belgorod (1754). New Hieromartyr Gorazd, bishop of Bohemia, Moravia and Silesia (1942).

*British Isles and Ireland:* St. Monessa, disciple of St. Patrick (456). St. Ultan of Ardbraccan (657). St. Rhuddlad of Llanrhyddlad (7<sup>th</sup> C).

*Readings:* **2 Corinthians 11:5-21; Mark 4:1-9**

### **Saturday 5th September 2020**

Holy Prophet Zachariah and Righteous Elizabeth, parents of St. John the Baptist and Forerunner (1<sup>st</sup> C). Holy Martyrs Urban, Theodore, Medimnus, and 77 Companions at Nicomedia (370). Holy Martyrs Abdas, Hormizd, and Sunin of Persia (c.424). Holy Martyrs Juventinus and Maximus at Antioch (4<sup>th</sup> C). Martyrdom of the Holy Passionbearer Prince Gleb, in Holy Baptism, David (1015).

*Readings:* **1 Corinthians 2:6-9; Matthew 22:15-22**

*British Isles and Ireland:* St. Finbar Barry, 1<sup>st</sup> bishop of Cork (c.633). St. Ceolfrid, abbot of Wearmouth (716). St. Caian of Anglesey (5<sup>th</sup> C). St. Egelred of Crowland, martyr (870). St. Fymbert, bishop in the west of Scotland (7<sup>th</sup> C). St. Mwrog.

*Readings:* **Ephesians 1:7-17; Luke 4:22-30**

### **Saturday 26th September 2020**

**Rest of the Holy Apostle and Evangelist John the Theologian (2<sup>nd</sup> C)**

Holy Martyr Cyra. New Hieromartyr Vladimir, priest (1939). St. Nilus of Rossano, founder of Grottaferrata, Italy (1004). St. Ephraim, abbot of Perekop, Wonderworker of Novgorod (1492). Righteous Gideon, Judge of Israel. St. Amantius, Città di Castello (c.600). St. Eusebius of Bologna (c.400). St. Vigilius of Brescia (c.506).

*British Isles and Ireland:* St. Mawgan, abbot-bishop of Bardsey. St. Colman Elo, abbot of Muckamore (611).

*Readings:* 1 Corinthians 10:23-28; Luke 4:31-36

*For the Commemoration:* **1 John 4:12-19; John 19:25-27, 21:24-25**

### **Sunday 27th September 2020**

**Tone 7 - Eothinon 5**

**16<sup>th</sup> after Pentecost, 1<sup>st</sup> of Luke**

Holy Martyr Callistratus and his company of 49 Martyrs (c.304). Apostles Mark, Aristarchus, and Zenas, of the Seventy (1<sup>st</sup> C). Righteous Gideon, Judge of Israel. New Martyr Aquilina at Thessalonica (1764). St. Epicharis of Rome (305). St. Igantius, abbot in Asia Minor (975). St. Sabbatius, Wonderworker of Solovki (1435).

*British Isles and Ireland:* St. Barrog, Hermit of Barry (6<sup>th</sup> C). St. Sigebert, King of the East Angles and Martyr (635).

*Readings:* **2 Corinthians 6:1-10; Luke 5:1-11**

### **Wednesday 23rd September 2020**

**Fast day: wine and oil allowed**

**The Conception of the Holy Glorious Prophet, Forerunner and Baptist, John**

SS Xanthippe and Polyxene, disciples of the Apostles, who died in Spain (109). Virgin-Martyr Irais (Rhais) of Alexandria (c.308). New Martyr Nicholas Pantopolis at Constantinople (1672). New Martyr John of Epirus (1814).

*British Isles and Ireland:*

St. Adomnan (Eunan), abbot of Iona and biographer of St. Columba (704). St. Cissa of Crowland, hermit (8<sup>th</sup> C).

*Readings:* Galatians 6:2-10; **Luke 4:1-15**

*For the Commemoration:* **Galatians 4:22-27**; Luke 1:5-25

### **Thursday 24th September 2020**

**Holy Protomartyr and Equal-to-the-Apostles Thekla of Iconium (1<sup>st</sup> C)**

*Commemorations:*

The Miracle of the Icon of the Most Holy Theotokos of the 'Myrtle Tree', of Kythera. St. Coprius of Palestine (530). St. Silouan of Mt Athos (1938). Glorification (1978) (11<sup>th</sup> Sep O.C.) of St. Xenia of St. Petersburg (18<sup>th</sup> C).

*British Isles and Ireland:* SS. Chuniald and Gislar, Irish missionaries in Germany (7<sup>th</sup> C).

*Readings:* Ephesians 1:1-9; Luke 4:16-22

*For the Commemoration:* **2 Timothy 3:10-15**; **Matthew 25:1-13**

### **Friday 25th September 2020**

**Fast day: strict fast**

St. Euphrosyne of Alexandria (5<sup>th</sup> C). Holy Martyr Paphnutius and 546 companions in Egypt (3<sup>rd</sup> C). Holy Martyrs Paul and Tatta of Damascus and their children, Sabinian, Maximus, Rufus, and Eugene. Repose of St. Sergius the Wonderworker of Radonezh (1392). Translation of the relics of St. Herman, archbishop of Kazan (1595).

### **Sunday 6th September 2020**

**Tone 4 - Eothinon 2**

**13<sup>th</sup> after Pentecost, 13<sup>th</sup> of Matthew**

**Commemoration of the Miracle of the Archangel Michael at Colossæ (Chonæ) (4<sup>th</sup> C)**

Holy Martyrs Calodote, Macarius, Andrew, Cyriacus, Dionysius, Andrew the Soldier, Andropelagia, Thecla, Theoctistus, and Sarapabon the Senator, in Egypt (256). Holy Martyrs Eudoxius, Zeno and Macarius and 1,104 soldiers in Mitelene (312).

*British Isles and Ireland:*

St. Bega (Bee), Virgin, first abbess of Copeland in Cumbria (7<sup>th</sup> C).

St. MacCallin, bishop of Lusk (497). SS Felix and Augebert, the English slaves ransomed by St. Gregory (7<sup>th</sup> C). St. Magnus, disciple of St. Columbanus and Abbot of Füssen (c.665).

**1 Corinthians 16:13-24**; **Matthew 21:33-42**

*For the Commemoration:* Hebrews 2:2-10; Luke 10:16-21

### **Monday 7th September 2020**

**Forefeast of the Nativity of the Theotokos**

Holy Martyr Sozon of Cilicia (c.304). Apostles Evodias and Onesiphorus of the Seventy (1<sup>st</sup> C). St. Kassiane the Hymnographer (9<sup>th</sup> C). St. John, archbishop of Novgorod (1186). St. Cloud (Clodoald), abbot-founder of Nogent-sur-Seine nr. Paris (6<sup>th</sup> C).

*British Isles and Ireland:* SS. Alcmund (781) and Tilbert (789), bishops of Hexham. St. Balin, monk (7<sup>th</sup> C). Holy martyr Grimonia (4<sup>th</sup> C). St. Balin (7<sup>th</sup> C).

*Readings:* **2 Corinthians 12:10-19**; **Mark 4:10-23**

**Tuesday 8th September 2020**

**The Nativity of the Most Holy Theotokos and Ever-Virgin Mary**

St. Sophronius of Aghtalea in Georgia, bishop (1803). St. Arsenius, abbot of Konevits (1447). New Martyr Athanasius of Thessalonica (1774).

*British Isles and Ireland:* St. Cynfarch, missionary (5<sup>th</sup> C). SS. Ine, King of Wessex and Queen Ethelburga (Æthelburg) (8<sup>th</sup> C). St. Disibod (c.700).

*Readings:* 2 Corinthians 12:20-13:2; Mark 4:24-34

*For the Commemoration:* **Philippians 2:5-11; Luke 10:38-42,11:27-28**

**Wednesday 9th September 2020**

**Fast day: wine and oil allowed**

**Synaxis of the Holy and Righteous Forebears of God, Joachim and Anna**

**Afterfeast of the Nativity of the Theotokos**

Holy Martyr Severian of Sebaste (320). Righteous Theophanes the Confessor (c.300). Commemoration of the Fathers of the Third Ecumenical Council (431). St. Joseph the Wonderworker, abbot of Volokolamsk (or Volotsk 1515). Uncovering of the relics of St. Theodosius, archbishop of Chernigov (1896).

*British Isles and Ireland:*

St. Ciaran the Younger of Clonmacnois (c.545). St. Bettelin (Bertram) of Crowland, hermit (8<sup>th</sup> C). St. Wulfhild, abbess of Bar and Horton (c.1000). Osmanna (Argariarga) (c.650).

*Readings:* 2 Corinthians 13:3-13; **Mark 4:35-41**

*For the Commemoration:* **Galatians 4:22-27; Luke 8:16-21**

**Thursday 10th September 2020**

**Afterfeast of the Nativity of the Theotokos**

Holy Martyrs Menodora, Metrodora, and Nymphodora, at Nicomedia (c.305). Blessed Empress Pulcheria (453).

*British Isles and Ireland:* St. Finian of Ulster, abbot (579). St. Frithestan, bishop of Winchester (932).

*Readings:* **Galatians 1:1-10,20-2:5; Mark 5:1-20**

**Sunday 20th September 2020**

**Tone 6 - Eothinon 4**

**Sunday after the Exaltation of the Precious and Life-Giving Cross**

**Afterfeast of the Exaltation of the Cross**

Great Martyr Eustathius (Eustace), his wife, Martyr Theopiste, and their children, Martyrs Agapius and Theopistus, of Rome (c 118). St. Eustathius, archbishop of Thessalonica (1194). Venerable Martyr Hilarion of St. Anne Skete on Athos. Venerable John of Crete. Holy Martyr Michael and his Councillor Theodore of Chernigov (1245). St. Stephen (István), King and Enlightener of Hungary (1038).

*Readings:* **Galatians 2:16-20; Mark 8:34-9:1**

**Monday 21st September 2020**

**Leavetaking of the Exaltation of the Precious and Lifegiving Cross**

Righteous Prophet Jonah. Apostle Quadratus the Apologist (c.130). St. Jonah the presbyter (9<sup>th</sup> C), father of SS Theophanes the Hymnographer and Theodore Graptus. SS. Isaacius and Meletius, bishops of Cyprus. St. Jonah the Sabbaite (9<sup>th</sup> C). Uncovering of the relics (1752) of St. Demetrius, metropolitan of Rostov (1709).

*British Isles and Ireland:* St. Mabyn, missionary in Cornwall (5<sup>th</sup> C).

*Readings:* **Galatians 4:28-5:10; Luke 3:19-22**

**Tuesday 22nd September 2020**

Hieromartyr Phocas the Wonderworker, bishop of Sinope (117). Holy Martyr Phocas the Gardener of Sinope (c.320). Holy Martyrs Isaac and Martin. The 26 Martyrs of Zographou Monastery martyred by the Latins (1276). St. Cosmas, desert-dweller of Zographou, Mt. Athos (1323).

*Readings:* **Galatians 5:11-21; Luke 3:23-4:1**

**Thursday 17th September 2020**

**Afterfeast of the Exaltation of the Cross**

Holy Martyr Sophia, and her three daughters, Faith (Pistis, Vera), Hope (Elpis, Nadezhda), and Love (Agape, Lyubov), at Rome (c.137). Hieromartyrs Heraclides and Myron of Cyprus. Holy Martyr Agathocleia. St. Anastasius and Euxiphios of Perioteron in Cyprus (12<sup>th</sup> C).

*British Isles and Ireland:* SS. Socrates and Stephen, martyred in Monmouthshire (304).

*Readings:* **Galatians 3:23-4:5; Mark 6:30-45**

**Friday 18th September 2020**

**Fast day: strict fast**

**Afterfeast of the Exaltation of the Cross**

St. Eumenios, bishop of Gortyna (6<sup>th</sup> C). Holy Martyr Ariadne of Phrygia (2<sup>nd</sup> C). Holy Martyrs Sophia and Irene of Egypt (3<sup>rd</sup> C). Holy Martyr Castor of Alexandria.

*Readings:* **Galatians 4:8-21; Mark 6:45-53**

**Saturday 19th September 2020**

**Saturday after the Exaltation of the Precious and Life-Giving Cross**

**Afterfeast of the Exaltation of the Cross**

Holy Martyrs Trophimus, Sabbatius, and Dorymedon of Synnada (276). St. Theodore, Prince of Smolensk (1299) and his children David and Constantine, wonder workers of Yaroslav.

*British Isles and Ireland:* St. Theodore of Tarsus, 7<sup>th</sup> archbishop of Canterbury & Patron of the Antiochian Orthodox Archdiocese of the British Isles and Ireland (690).

*Readings:* **1 Corinthians 1:26-2:5; John 8:21-30**

**Friday 11th September 2020**

**Fast day: strict fast**

**Afterfeast of the Nativity of the Theotokos**

*Commemorations:*

St. Theodora of Alexandria (474-491). St. Euphrosynus the Cook, of Alexandria (9<sup>th</sup> C). Holy Martyrs Demetrius, his wife Euanthia, and their son Demetrian, at Skepsis on the Hellespont (1st C). Translation of the relics of SS Sergius and Herman, Wonderworkers of Valaam (1353).

*British Isles and Ireland:* St. Deiniol, abbot of Bangor, bishop in Clwyd (c.584).

*Readings:* **Galatians 2:6-10; Mark 5:22-24,35-6:1**

**Saturday 12th September 2020**

**Saturday before the Exaltation of the Precious and Life-Giving Cross**

**Leavetaking of the Nativity of the Theotokos**

*Commemorations:*

Hieromartyr Autonomus, bishop in Italy (313). St. Coronatus, bishop of Iconium (3<sup>rd</sup> C). Holy Martyr Julian of Galatia and Forty Martyrs with him (4<sup>th</sup> C). St. Daniel of Thassos, monk (843).

*British Isles and Ireland:* St. Ailbe (Elvis), bishop of Emly (6<sup>th</sup> C). St. Eanswith of Folkestone (c.640).

*Readings:* **1 Corinthians 2:6-9; Matthew 10:37-11:1**

**Sunday 13th September 2020**

**Tone 5 - Eothinon 3**

**Sunday before the Exaltation of the Precious and Life-Giving Cross**

**Commemoration of the Dedication of the Church of the Resurrection (Holy Sepulchre) at Jerusalem (335)**

**Forefeast of the Exaltation of the Cross**

Hieromartyr Cornelius the Centurion (1<sup>st</sup> C). Venerable Hierotheos the Younger of Iveron monastery on Athos (1745). Holy Martyr Aristeidos. Great Martyr Ketevan, Queen of Georgia (1624). Holy Martyrs Elias, Zoticus, Lucian, Valerian, Macrobius and Gordian at Tomi in Romania (320).

*British Isles and Ireland:* St. Wilfrida, abbess of Wilton (10<sup>th</sup> C).

**Galatians 6:11-18; John 3:13-17**

*For the Commemoration:* Hebrews 3:1-4; Matthew 16:13-19

**Monday 14th September 2020**

**Fast day: strict fast**

**The Exaltation of the Precious and Life-Giving Cross**

Repose of St. John Chrysostom (407). Holy Martyr Papas of Lycaonia (305). St. Placilla the Empress (400), wife of Theodosius the Great. St. Maria of Tarsus (607). New Martyr Macarius of Thessalonica, disciple of St. Niphon, patriarch of Constantinople (1527). Venerable-martyr Joseph of Dionysiou monastery on Athos. Commemoration of the Holy Fathers of the Sixth Œcumenical Council (680).

*British Isles and Ireland:* St. Cormac, 1st bishop of Cashel (908).

*Readings: For the Commemoration:* **1 Corinthians 1:18-24; John 19:6-11,13-20,25-28,30-35**

**Tuesday 15th September 2020**

**Afterfeast of the Exaltation of the Cross**

Great Martyr Nicetas the Goth (c.372). Righteous Philotheus of Asia Minor (10<sup>th</sup> C). Holy Martyr Porphyrius the Actor (361). SS Bessarion I and Bessarion II (1540), metropolitans of Larissa. St. Philotheus the Wonderworker and St. Gerasimus, abbot, of Sourvia (1740). St. Joseph the New of Partos, metropolitan of Timisoara (1656). New Martyr John of Crete (1811).

*British Isles and Ireland:* St. Hernan, hermit (6<sup>th</sup> C). St. Merryn, bishop of Bangor (620).

*Readings:* **Galatians 2:21-3:7; Mark 6:1-7**

**Wednesday 16th September 2020**

**Fast day: strict fast**

**Afterfeast of the Exaltation of the Cross**

Great Martyr Euphemia the All-praised (304). St. Sebastiana, disciple of St. Paul the Apostle, martyred at Heraclea (1<sup>st</sup> C). Holy Martyr Ludmilla, grandmother of St. Wenceslaus, Prince of the Czechs (927). St. Procopius, abbot, of Sazava in Bohemia (1053). St. Dorotheus, hermit, of Egypt (4<sup>th</sup> C). Holy Martyr Melitina of Marcianopolis (2<sup>nd</sup> C).

*British Isles and Ireland:* St. Ninian, bishop of Whithorn (Candida Casa) (c.432). St. Edith of Wilton (984). Enshrinement of the Relics (1984) (3<sup>rd</sup> Sep O.C.) of St. Edward the Martyr, King of England (978).

*Readings:* **Galatians 3:15-22; Mark 6:7-13**